

THE MONITOR NEWS

VOL. 5

MONITOR, ALBERTA, FRIDAY, JANUARY 30 1920.

NO. 6

Local Happenings

Pat Stewart paid a visit to Calgary last week, returning last Friday.

Miss Georgie Baxter was a visitor here last week.

Dr. Mecklenburg, the celebrated optician, will be in Monitor at the Hotel, on Thursday and Friday, February 12th and 13th. From 3 p.m. to 3 p.m.

Make arrangements to have your eyes properly cared for and examined at this time.

Bandmen Ulph and Warner went to Veteran last Thursday day to assist the Coronation Minstrels and Band in their concert and minstrel show.

Dont forget to attend the Musical Evening that is to be held on the 6th February An exceedingly good time is assured.

Master Clinton Larder celebrated his second birthday in right royal style on Saturday last, when some 25 young folks gathered together in the G. W. V. A. hall to fittingly celebrate such an auspicious occasion.

His real birthday occurred on Monday last, but mother saw that many of his playmates would be at school that day so she arranged for the party on Saturday. A fine time was had by everybody and many wished that a birthday day would happen every day except the mothers maybe.

Sounding Lake U. F. A. will hold general meeting in Horse Shoe Schoolhouse on Saturday Feb. 7th at 2.30 p.m.

The Ladies Aid met at the home of Mrs. Ehlinger on the 28th and at Mrs. Lucas on the 21st inst.

With regret we report that the Rev. J. L. Wright was taken ill last week, and was therefore unable to lead the service last Sunday morning. We learn however, that he is now on the mend, and trust that he will ere long regain his wonted health.

Next Thursday the W. A. will meet at the home of Mrs. Hayes and not at Mrs. Grace's as previously arranged.

Blair Cup Travels

On Thursday last the "Dub" team (self-styled) of Coronation journeyed to this man's town to indulge in a little curling. So successful were they, that they managed to lift the Blair Cup, which has defended in Monitor successfully 5 consecutive times. This time, 16 ends were played the final tally being 18 to 6 in favor of the visitors.

It wasn't exactly an exciting game, the visitors showing their superiority from the start.

Following are the names of the participants of the game.

Coronation: Messrs. A. Nother Embrey, Doughty and Dillon (skip).

Monitor: Messrs. C. Hayes, G. Lucas, J. Ehlinger and J. Hayes (skip).

CHURCH NOTICES St. Laurence Church

Rev. W. S. WICKENDEN, B.A., L.Th.
PASTOR

Divine Service every Sunday, 7.30 p.m. Holy Communion on the first Sunday in the month.

Sunday School, every Sunday 12 noon.

S. S. teachers meeting, Tuesday evenings, 7.45 p.m. in the Church.

Bible Class, Tuesday Evenings, 8.15 p.m. in the Church.

Choir Practice, Thursday and Saturdays, 8 p.m.

Annual Service For The Curling Club

At the meeting of the Curling Club on Monday evening, it was decided that the Club attend Divine Service on Sunday evening, February 15th, at 7.30, when the Chaplain of Monitor Curling Club, the Rev. W. S. Wickenden, will arrange an appropriate service. All members and their friends invited.

The co-operating Presbyterian and Methodist Service will be held as usual next Sunday, February 1st, in Monitor from 1 to 2 p.m. (Miss Carroll, Soloist) and in Kinnaird at 7.30 p.m. (Mrs. Kay, Soloist) Everybody is cordially invited to come and worship. Rev. J. L. Wright pastor.

Weekly Discussions

The free-for-all discussion group meets again next Sunday from 12 noon to 12.50 in the home of Rev. and Mrs. J. L. Wright. If you have any subject that you wish discussed bring it along.

Every one is welcome. J. L. Wright.

Between 35 and 40 lie injured and at least eight were killed in the recent accident which occurred on the C. P. R. just out of North Bay, Ont. The inquiry inquiry is under way and it is estimated the list of killed will be increased.

The frigid weather eased up a little last Wednesday, the thermometer registering 28 above at 11 a.m. However, by 3 p.m. the mercury dropped to 10 below zero was still dropping

Some Bill!

An artist who was employed to renovate and re-touch the great oil-paintings in an old church in Belgium, rendered a bill of \$67.30 for his services. The church wardens however, required an itemized bill, and the following was duly presented, audited and paid.

For correcting the Ten Commandments 5.12

For renewing Heaven and adjusting stars 7.14

Touching up Purgatory and restoring lost souls 3.06

For Brightening the flames of Hell, putting new tail on the devil, and doing odd jobs for the damned 7.17

Putting new stone in Davids sling, enlarging the head of Goliath 6.13

Mending skirt of Prodigal son and cleaning his ear 5.39

For Embellishing Pontius Pilate and put new ribbon on his bonnet 3.62

For putting new tail and comb on St. Peter's rooster 2.20

For re-plumbing and re-gilding left wing of the Guardian angel 5.18

Washing the servant of the High Priest, and putting carmine on his cheek 5.02

For taking the spots off the son of Tobias 10.30

For putting earrings in Sarah's ears 5.26

For decorating Noah's Ark and putting new head on Shem 4.31

Total 67.30

'Flu On Increase

Influenza in New York is fast approaching the epidemic stage Health Commissioner Cope said says.

The use of vaccine will not prevent the disease, Dr. Cope said in a statement. Arrangements have been made with one of the principal chain retail drug concerns of the city, he said, for the sale of whiskey for prescription purposes.

NOTICE

The annual Meeting of the Creek Valley School District ratepayers, will be held in the Schoolhouse on Saturday, January 31st, 1920, at 2 p.m., for the election of one Trustee and to receive reports.

C. Connah, Sec-Treas.

Small Crowd Hears

Rev. Sherstone

It is indeed to be regretted that such a small number turned out on Sunday last to hear the Rev. Sherstone preach on the Forward Movement. Mr. Sherstone is a very able speaker and his address was followed with the keenest interest by those present. He pointed out that the unrest, the vague seeking of the present day world had been defined as "soul-hunting" and this hunger the "Forward Movement" was designated to satiate. He stated also, that the mother Church in the Old Country could, after 1920 no longer support our Espirituau and Indian Missions, and that if the good work was to be continued more volunteers and money were required for the work.

It was a very interesting and highly instructive address and we reiterate that it is a pity more of our citizens did not hear Mr. Sherstone. It maybe a long time ere we have such another.

Frozen To Death

Found with both legs frozen solid from the knees down and both arms from the elbow, David Mitchell, returned soldier of Innisfree district met an untimely death after 9 o'clock Monday night, having wandered off the trail and lost his way on the road to Innisfree from a friend's house, eight miles north of the town.

The unfortunate man had struggled on a hillside of deep snow for a considerable time in an endeavor to find the trail and becoming exhausted in his efforts had crawled on his hands and knees for 75 yards before finally giving up to exhaustion and despair. From papers found nothing can be learned of the man's home, but it is known that he had friends in Ireland. The dead man was an ex-member of the Royal Air Force a bachelor, and had recently been teaching school about 15 miles north-east of Innisfree.

NEWS

We were recently hauled on the mat and criticized on our efforts to publish the news of this community. "Theres nutting in it" he chortled. "Mebbe" we hissed, "but are you doing anything to assist or improve the situation?" we warbled. Whereat our visitor bit his elbow in a rage and departed thencewise on his ear, for he had not even sent us a clipping on the framers platform.

Wherefore, o reader, we are informing you hereunder of a few things we want you to know that we want to know to let others know.

If any one has

Died	
Eloped	
Married	
Divorced	
Had a Baby	
Or Rheumatism	
Committed Murder	
Or Became Engaged	
Fallen Down The Well	
Bought An Auto	
Had The Measles	
Or Triplets	
Come Here	
Done	
That is	
News	

let us know about it and leave the rest to us.

The Church And Its Work

By The Rev. W. S. Wickenden,
B.A., L.Th. Rural Dean

The Forward Movement

The first aim of the Forward Movement is consecration of lives to Christ. This of necessity will lead to love and zeal for the Church of Christ. As a practical thanksgiving for Victory and Peace the Church throughout the Dominion is making a great effort from Feb. 9th to Feb. 14th to raise a great Victory Loan For Christ. Consecrated lives and money freely given are earnestly sought so that the Church can carry out Christ's commands in extending the Gospel among the original inhabitants of this land, the Indians and Eskimo, for Christian work among the Immigrants from other lands, for missionary work among the Orientals in B. C. and for the spread of Christianity in China, Japan and India.

Let each of us remember what Christ has done for us, and then we will say, as God's Servants said of old "The love of Christ constraineth us" to give ourselves and our possessions in His glorious service. Christ pays, not a mere 5% but a hundredfold.

Payments may be made as follows: From Feb. 9 Feb. 14th Cash, part cash, and promises. March 15th, 1920. Part payment Nov. 15th, 1920. Part payment March 15th, 1921. Part payment Nov. 15th, 1921. Completion of payment.

From those who so desire, the promise of the result of an acre's crop, or the increase of cattle or horses will be gladly accepted. On these terms we can all help in spite of crop failure, influenza, and other deterrents we went over the top in the Victory Loan. Let us "go over the top" in a far greater cause.

A Grand Musical Evening

Under the auspices of the Monitor W.A.

In The Big Hall, Monitor

Vocal and Instrumental Music Indian Club Swinging
Monitor Citizens Band

On Friday, February 6th, 1920

Tickets Now on Sale

Fifty Cents

**Camouflage**

During the progress of the Great War a new word became incorporated into the vocabularies of the English-speaking people—the word "camouflage." It is a word denoting deception, the making of things to appear what they are not, the art of disguise. So we had ships with dummy funnels and masts and painted in the most startling fashion so that it was difficult to tell whether there was one ship or two, and whether it was moving east or west. Roads were treated so that it was difficult to say from the air whether they existed or not. Guns and airdromes and buildings were so marked that at a distance it was impossible to separate them from the surrounding landscape. So, in war, camouflage was developed almost to an art and attained a high degree of ingenuity, cleverness, and in many ways was successful in the accomplishment of the purposes for which it was designed. It was, however, all a part of war strategy.

Unfortunately, there is too much practice of camouflage in the everyday business of life. It permeates everything, and men, and women, too, who would not for one moment stoop to the telling of a lie, or the perpetration of an openly dishonest act, wink at and acquiesce in a species of camouflage with the intention of deceiving and promoting something essentially dishonest.

In the realm of sport it is more or less frankly indulged in. For example, in connection with professional baseball there is an understanding in the Western League that a certain salary limit shall not be exceeded by any one team, yet it is exceeded, the team management camouflaging excess payments to players by numerous devices. Hockey is supposed to be an amateur sport in the West, but it is an open secret that rival clubs have been outbidding each other in order to secure exceptionally good players.

In law, witnesses are sworn to tell the truth, the whole truth and nothing but the truth, yet questions are put to witnesses skillfully designed to suppress the whole truth, and often to convey an intentionally wrong meaning.

The church is declared to be founded on truth itself, yet conditions of life are so camouflaged from many a pulpit that people are deceived and a wholly erroneous impression conveyed.

Much of our accepted form of political tactics is nothing more nor less than camouflage. Men are found denouncing the party form of government while engaged in the attempt to form another party in which they and their views will find more cordial acceptance than was accorded them by

existing parties. Parties and individuals in opposition denounce patronage, and proceed to practice it when they succeed to office. The most outspoken democrat is frequently the most eager seeker after titles and positions of honor. Scores and hundreds of men today openly advocate prohibition, but secretly vote against it, or connive at its violation when an attempt is made to enforce it.

Throughout the whole sphere of business the art of camouflage is practised. All kinds of devices are employed by the profiteer to cover up his abnormal profits, stocks are watered, amounts written off as depreciation without warrant, capital expenditures treated as legitimate current costs of doing business, reserve funds created for purposes to which they will never be put. Working men advance high costs of living for wage demands out of all reason, the increased living expenses often being the result of waste and extravagance in living. Farmers demand the application of certain principles in the marketing of wheat; but when, as a result of a temporary change in conditions, they stand to lose, they denounce the very system they advocated and charge that it was adopted to advance other interests than their own. Advertising is often nothing more nor less than camouflage, and this is particularly true in connection with advance notices of theatrical productions, the flotation of mining and other companies, and similar propositions.

Yet in the long run none of these deceptions pay. Sporting organizations may defy their own agreements and keep bidding against each other until all are ruined and a limit reached; the pulpit which indulges in camouflage loses its power and influence for good; the politician is ultimately found out and cast aside by a public that has lost all confidence in him; fake advertising and unscrupulous business methods may flourish for a season, but it is the business resting on a firm foundation of honesty and merit which achieves the most marked successes.

Camouflage served its purpose in the war, but the longer that terrible struggle lasted the less effective was camouflage and the more difficult it became to keep it up, as each development was quickly offset by another. So it is in everyday life. Hypocrisy and deceit may serve for a season, but that is all. Truth alone survives and continues triumphant.

The need of the world today is a return to the old principles and traditions of the past; a renaissance of old-time sterling honesty and adherence to truth and principle no matter what the outcome may be. People are becoming impatient of trickery and deceit. They are demanding an uncovering of stark, naked facts governing all conditions of life. The sooner the uncovering process takes place in all its fullness the better it will be for all.

The publisher of the best Farmer's paper in the Maritime Provinces is writing to us states:

"I would say that I do not know of a medicine that has stood the test of time like MINARD'S LINIMENT. It has been an unflinching remedy in my household ever since I can remember, and has outlived dozens of would-be competitors and imitators."

No young man is quite as good as his best girls thinks his picture looks.

A Health-Building Cereal Grape-Nuts



A satisfying food, greatly pleasing to taste, full of rich nourishment and ready to eat without cooking.
Needs no Sugar

Pleasing alike to young and old.
"There's a Reason"

CHILBLAINS

Easily and Quickly Cured with
EGYPTIAN LINIMENT
For sale by All Dealers
Douglas & Co., Prop'ts, Naples, Ont.

Why Germany Weeps

Germany is weeping again. She has wept many times since the armistice. She will weep still more in the future. For, by her tears she hopes to dissolve the close association of America and the allies. If the separation comes, Germany's future course of action will be clear. Preparation for revenge can be safely begun. All of Germany's plans for revenge depend on America's future attitude toward the war-proven democracies of Europe.—Minneapolis News.

WHEN NEURALGIA ATTACKS NERVES

Sloan's Liniment scatters the congestion and relieves pain

A little, applied without rubbing, will penetrate immediately and rest all painful nerves.

Sloan's Liniment is very effective in allaying external pains, strains, bruises, aches, stiff joints, sore muscles, lunibago, neuritis, sciatica, rheumatic twinges.

Keep a big bottle always on hand for family use. Druggists everywhere. 35c, 70c, \$1.40—Made in Canada.

Sloan's Liniment Keep it handy

A little more than a century ago, in 1800, laws were passed by the British parliament which imposed very heavy penalties on any who conspired to raise wages.

Minard's Liniment Cures Colds, Etc.

Tempting the Fates

"Do you know that Mabel has refused Jack four times?"

"Mercy! If she keeps on like that much longer we'll think she means it!"—Boston Transcript.

Faint and Dizzy Spells. Weakness and Shortness of Breath.

You can generally tell when the heart is affected by the faint and dizzy spells, shortness of breath, palpitation, throbbing, irregular breathing, smothering sensations, weak, sinking, all-gone feeling, choking sensation, etc.

Many men and women become rundown and worn out when otherwise they could be strong and healthy. They would only pay some attention to the first signs of fainting.

No "remedy" can do so much to make the heart regain strength and vigor, regulate its beat and restore it to a healthy and normal condition as Milburn's Heart and Nerve Pills.

Mrs. C. A. S. Drake, Paris, Ont., writes: "I have had on towards the second box of Milburn's Heart and Nerve Pills and find they have done me good. I had those fainting, dizzy spells, once in a while, and also weakness and shortness of breath, and would become so choked up at times I could hardly speak without sitting up in bed. Now I am well again. I would have to stop and try to catch my breath. I feel a lot better since I have used your pills and know that they have helped me wonderfully as I have improved very much."

Price 50c, a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

U. S. Settlers Expected

Big Influx Is Looked For In West During 1920.

An unusual influx of farm settlers is expected in the western provinces in 1920. Over 50 per cent. of the farm settlers who came to Canada in 1919 were from the United States and Americans will form a large percentage in 1920. One reason is the unprecedented rise in the value of farmland in the middle western states. The average increase in the price of farmland in Iowa in the last year has been \$100 an acre and the total increase in farm valuations is over a billion dollars.

Matches have not yet displaced the tinder-box in certain rural sections of Italy and Spain.

W. N. U. 1300.

Prince Albert's Progress

Bank Clearings Show Greater Percentage of Increase Than Any Other Western Canadian City.

The progress of Prince Albert, Saskatchewan, which week by week and month by month has been recorded in the bank clearings during the past year, was a consistent, steady growth, and was maintained from the beginning to the end of the year. The percentage of increase over the previous year was greater than any other city in Western Canada.

During 1919 the Prince Albert bank clearings totalled \$21,574,166, an increase of \$7,424,446 over 1918, or thirty-five per cent. The only other city in the west showing an increase over 20 per cent. was Edmonton, which recorded 27 per cent. Saskatoon's increase was 13.8 per cent, Regina 10, and Moose Jaw 9 per cent.

The Financial Post, commenting on the remarkable showing of Canadian cities, points out that while the increased figures are to some extent due to the decreased purchasing power of the dollar, yet the size of the increase indicates definite commercial and industrial expansion. The totals of the Dominion are four times greater than twelve years ago, three times greater than ten years ago, and double the total eight years ago, so that the advance is definitely placed on material progress and prosperity.

AN EXCELLENT MEDICINE FOR LITTLE ONES

Baby's Own Tablets are an excellent medicine for little ones.

They are a mild but thorough laxative which sweetens the stomach and relaxes the bowels, thus bringing relief in cases of constipation, indigestion, colic, colds and simple fevers. Concerning them Mrs. L. J. Chiasson, Paquetville, N.B., writes: "I have found Baby's Own Tablets excellent for my young baby in the case of constipation and colic and it gives me great pleasure to recommend them to our neighbors. The Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams Medicine Co., Brockville, Ont.

He Ought to Know

A soldier from the front applied to the hotel for a job as cook. "What can you cook?" asked the hotelman.

"Anything, sir," was the reply. "Well, how do you make hash?" "Well, if you make it, sir," said the soldier. "You don't just accumulate."

To Fortify the System Against Grippe

Take LAXATIVE BROMO QUININE Tablets which destroy germs, act as a Tonic and Laxative, and thus prevent Cold, Grippe and Influenza. There is only one "BROMO QUININE." E. W. GROVES signature on the box.

Tortoise, like and carp have been known to live 150 years, but they are short lived in comparison with the whale, which is believed to live from 300 to 400 years.

Minard's Liniment Cures Distemper.

The word which is variously spelled as "catsup," "catchup" and "ketchup" is a corruption of the Chinese word "ketchup," the name given to an inferior kind of soy sauce in China.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross".



The name "Bayer" identifies the only genuine Aspirin—the Aspirin prescribed by physicians for over nine years and now made in Canada.

Always buy an unbroken package of "Bayer Tablets of Aspirin" which

There is only one Aspirin—"Bayer"—You must say "Bayer"

Bayer is the trade mark (registered in Canada) of Bayer Manufacture of Montréal, Quebec, Canada, which means Bayer will be stamped with their general trade mark, the "Bayer Cross."



At night smear redness and roughness with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and water and continue bathing for a moments.

Treatment for dandruff and irritation. On retiring rub Cuticura Ointment into partings all over scalp. The next morning wash off all scales. Repeat in two weeks if needed.

Cuticura Soap 5c, Ointment 25 and 50c. Tel. 242-26, plus Canadian postage. Sold everywhere. Reg. U. S. Pat. Off. No. 2,000,000.

Alberta's Mines Could Easily Double Output

Equipment Sufficient to Turn Out Ten Million Tons of Coal

Auxiliary.

The equipment and labor now available in the coal mines of Alberta is sufficient to turn out ten million tons of coal annually. During December nearly 800,000 tons of coal was mined in the province. This quantity could easily be produced every month with the present available equipment, so that in twelve months there would be no difficulty in increasing an output of ten million tons if this quantity could be disposed of.

The total output of coal in 1919 was five million tons, or just about a million tons less than that of 1918. The strike during the summer was responsible for the reduced output in 1919 as compared with that of the previous year.

SUFFERING CATS! GIVE THIS MAN THE GOLD MEDAL

Let folks step on your feet hereafter; wear shoes a size smaller if you like, for corns will never again send electric sparks of pain through you according to this Cincinnati authority.

He says that a few drops of a drug called freezeon, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts right out.

This drug is a sticky ether compound, but dries at once and simply shrivels up the corn without irritating or even irritating the surrounding tissue.

It is claimed that a quarter of an ounce of freezeon obtained at any drug store will cost very little, but is sufficient to remove every hard or soft callus or callous from a person's feet. Cut this out, especially if you are a woman reader who wears high-heeled shoes.

Farmers ask for a fair field and no favor in the opportunity to enter the export market. The coordinated work of producer and packer will attain this in a business way if mutual confidence is not shaken by outside interference.

ONLY TABLETS MARKED

"BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross".



contains proper directions for Colds, Headaches, Toothache, Earache, Neuralgia, Lumbar, Rheumatic, Neuralgic, Joint Pain, and Pain generally.

Tin boxes of 12 tablets cost but a few cents. Larger "Bayer" packages

There is only one Aspirin—"Bayer"—You must say "Bayer"

Bayer is the trade mark (registered in Canada) of Bayer Manufacture of Montréal, Quebec, Canada, which means Bayer will be stamped with their general trade mark, the "Bayer Cross."

How Sallow Skin Can Be Changed To Rosy Complexion

Every woman with pale cheeks and poor complexion needs medicine—needs a potent tonic to regulate her system.

To tone up the stomach—to insure good digestion—to give new life and vitality to the whole system—where is there a remedy like Dr. Hamilton's Pills?

Dr. Hamilton's Pills enable you to eat what you like—they correct constipation—make nourishing blood—infuse force and vim into a run-down system.

Are nervous and can't sleep your remedy is Dr. Hamilton's Pills. They search out the cause of your condition and you rise in the morning refreshed, strong, vigorous, ready for the day's work.

Dr. Hamilton asks every weak and debilitated person to use his trademark and Patent Pills. They make old folks feel young and look younger and stronger. Their effects upon insomnia and languor is marvellous. Hundreds declare they soothe and quiet the nerves so that a good night's rest always follows their use.

To look well, to feel well, to keep well, use Dr. Hamilton's Pills. They are mild, cleansing, strengthening—good for the young or old. Sold by all dealers in 25c boxes.

Coal Resources In Alberta

Possesses By Far the Most Extensive Coal Area of Canada

With the United States leading in her possession of a trifle more than one-half of the world's coal deposits, Canada ranks easily second with nearly one-fifth of the globe's total supply of this mineral. Nearly ninety per cent. of Canada's coal supp' lies within the confines of the province of Alberta, or about one-seventh of the resources of the world. In tonnage, the enormous deposits of the Prairie Province total 1,182,571 million tons, which may be subdivided into 1,182 million tons of anthracite, 217,593 million tons of bituminous, and 963,796 million tons of lignite. This may be compared with the world's total reserve of 7,397,553 metric tons, or the United States of 4,231,352 million tons.

Alberta possesses by far the most extensive coal area of Canada. The greater part of the southeastern part of the province appears to be underlaid with coal, and the mineable coal areas of the province have been estimated at not less than 30,000 square miles. The coal horizons of Alberta are (1) Edmonton and Pasco formation; (2) Belly River formation; (3) Kootenay formation. The Edmonton formation forms a wide trough approximately parallel to the Rockies and extending from the international boundary to about latitude 55 degrees. It is estimated that in these beds there are 789,600 million tons of lignite or sub-bituminous coal, and 11,358 million tons of low-carbon bituminous. The Belly River formation occupies a considerable area in the southwestern part of the province, the most important seam being in the vicinity of Lethbridge. The probable reserves in this area are lignite, 29 per cent.; lignitic, or sub-bituminous, 10½ per cent.; low-carbon bituminous, 60½ per cent. The Kootenay formation is exposed in and near the Rocky Mountains and is estimated as 1.7 per cent. semi-anthracite, and 98.3 per cent. high carbon, bituminous or bituminous.

The production of the anthracite field, of which Banff is the centre, for the year 1917, was 108,225 tons which represents 2.3 per cent. of the province's total output. The total amount of bituminous coal produced from Alberta mines was 2,199,305 tons, or 46.4 per cent. of output. The lignite production formed more than one-half of the province's coal production, with 2,428,838 tons, or 51.3 per cent. It has been estimated that the Alberta deposits of coal could supply the whole world's needs, at its present rate of consumption, for nearly a thousand years. Through the production in the province is annually increasing, and in

the past decade has more than trebled, the quantity mined is infinitesimal compared with the enormous resources, and in 1918 about six million tons only were extracted.

As seen from these figures, the coal resources of the Province of Alberta are barely being tapped, whilst Canada is yearly importing more coal from the United States than her own mines are producing. The development of Alberta fields will depend largely upon the industrial development of Western Canada, combining as the province does, her coal reserves with the enormous timber and mineral resources of British Columbia and her neighbor. Viewed from the standpoint of coal supply, the opportunities offered for industrial development and expansion in the province are unsurpassed anywhere, and augur a brilliant future.

Western Canada Fisheries

Waters of the Three Prairie Provinces Yield Large Quantities of Fish

The lakes and rivers of Manitoba, Saskatchewan and Alberta, and to a small extent those of British Columbia, yield large quantities of fish, the bulk of which is caught during the winter months when the lakes are frozen over. This peculiar feature is accounted for in the fact that most of the lakes and fishing stations are remote from railroads, and only in the winter months, when the snow is on the ground, is it possible to transport the fish down to the nearest railroad shipping point. To some of the isolated lakes of the West, it has been necessary to construct roads through the bush in order to transport the sleighs the fish caught inland, and practically all the northern lakes are only accessible to commercial fishermen in winter.

The lakes located in the southern part of the provinces and served by railroad or steamboat transportation are fished summer and winter. The summer fishery is conducted from steam tugs, small sail boats, skiffs, and a few gasoline boats. In the lake fishing fleet of Manitoba, Saskatchewan and Alberta there are 11 steam tugs, 81 gasoline boats and 1,905 sail boats and skiffs. The most of these boats are employed upon Lakes Manitoba, Winnipeg, Winnipegosis, Isle La Crosse, La Biche, Lesser Slave, Jackfish, and Murray all of which are fished in summer. In connection with the fisheries of the Western Provinces, there are 136 freezers and ice houses, and over half a million dollars are invested in boats, nets, gear, ice houses, fish sheds, and wharves. The greater proportion of the fish caught in the waters of the Western Provinces is exported to the United States, but during the war considerable quantities were sent overseas to Great Britain for use in the military hospitals.

The fisheries of Manitoba, Saskatchewan and Alberta are still capable of greater productivity when railroads are constructed to the northern districts. As the steel advances north, roads will be cut to huge fishing areas never before fished commercially, and the winter fishery from these northern waters is destined to become of great value.

Large Piers for Vancouver

Capable of Accommodating Largest Ocean-Going Vessels

Members of the Vancouver Harbor Commission, who have returned recently from Ottawa, announce that work will be started early this year on the harbor development work, endorsed by the federal authorities. The first portion to be done is the construction of a big double-decker pier, capable of accommodating the largest ocean-going vessels. There will also be provision made for a car ferry, service landing stage and a car ferry service will connect the north and south shores of the harbor. This will mean the utilization of large tracts of available water frontage in North Vancouver for industrial sites and other purposes. Work is also to be started soon on the construction of a third pier for the Canadian Pacific Railway. This is made necessary by the growth of the trans-Pacific service.

The number four is in great disfavor in Japan, because of its name, "shí," the term for death. There are no fours or forty-four in the telephone directories of that country.

It Works Wonders On Catarrhal Colds

Simple as A. B. C. to Drive Away Colds With "Catarrhozone"

When your throat rattles, your lungs catch, you have a cold, your throat is stuffed with cold—don't fear consumption—use Catarrhozone and get well. It clears the throat, cures hacking, relieves tight chest, and soreness in the bronchial tubes. To clear away Catarrh of the nose nothing could be better. Catarrhozone is nature's own remedy. It has no poisons, cures every form of Nasal, Lung and Bronchial trouble. Prescribed by many specialists and used by thousands every day. Get the dollar outfit; it lasts two months and is guaranteed. Small size, 50c; trial size, 25c; at all dealers.

Farmers Neglect

Profit in Sheep

Feed Now Wasted May Be Turned Into Mutton and Wool—Small Flocks Are Paying Side Line

Sheep should form a part of the livestock carried on the average farm just as well as cattle, horses or swine. Enough unused pasture and roughage go to waste and weeds go to seed every year in Canada to produce hundreds of thousands of dollars' worth of mutton and wool. In 1871 there were 3,155,509 sheep in Canada, and in 1911, according to the last census figures, there were 2,174,300. This is an enormous decline in the industry, when it is realized that the lesser number in Canada in 1911 were scattered over a much larger area, due to the opening up of the West.

An experiment conducted recently by the Livestock Branch, Ontario Department of Agriculture, demonstrates that it is profitable to keep sheep on the average farm and under ordinary conditions. Nine small flocks of from 10 to 12 ewes per flock were stationed in different parts of the province, and for two years an accurate account was kept of feed and other expenses, allowance being made for interest on capital invested. Each flock showed a profit each year, averaging about \$38 per flock, or an average profit of between \$3 and \$4 per head.

It would seem that, if increased production of wool and mutton is to be brought about, it can best be done by the keeping of more small flocks on the average-sized farms of Canada. There are a number of important points in favor of keeping sheep that will bear emphasizing.

First: Sheep destroy weeds and consume food that would otherwise be wasted. They eat most of the common weeds and, in eating them, grind the seeds so thoroughly that they will not grow.

Second: Economy of housing and management. Cheap buildings are satisfactory as shelters. Sheep require no protection except from snow, rain and wind. In Canada, they are subject to few diseases and require but little attention except at lambing time, which makes the labor problem in this enterprise a minor consideration.

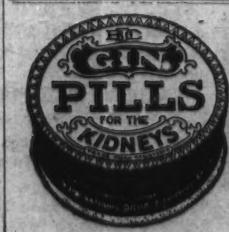
Third: A small investment only is necessary to get a start in the sheep business. Good vigorous grade ewes should be obtained and a pure-bred ram used. The ram need not be a show animal, but should be of good size, strong and vigorous.—F. C. Nunick.

Valuation "Old-fashioned person."

"Politeness costs nothing," remarked the old-fashioned person.

"Possibly," commented Miss Cayenne, "that is the reason so many people nowadays seem to have so little respect for it."

Men have faith in what they believe only when they want to believe it.



Montana Farmers for Central Saskatchewan

500 Acres of Land Has Been Purchased in the Beauty District.

A colony of thirty families from Montana is to be located near Beauty, Saskatchewan, this spring. This is the advance party of a large number of farmers who are impressed with the agricultural prospect of North-central Saskatchewan and who are going to try their luck in this part of the province.

It is said that a group of Montana bankers has arranged to finance the scheme and that they are supplying three tractors to break up the land. In all probability the settlers will all be on the land by the end of this year. Having had several crop failures from drought in Montana, these farmers are hoping that their efforts will bring better fruit in Saskatchewan. For this scheme 8,500 acres of land has been purchased by the Montana syndicate in the Beauty district, which is south-east of Prince Albert.

"SYRUP OF FIGS"

CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels



Accept "California Syrup of Figs" only—look for the name California on the package, then you are sure your child is having the best and most nutritious laxative of physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California"! Farmers' Account Book

Commission of Conservation Pre A Valuable Book for Use of Canadian Farmers

Farming is a business, and if it does not pay, the farmer wants to know the reason. Some record of receipts and expenses, together with an inventory, must be kept if he is to know how his business is prospering. An inventory should be taken at the beginning and end of the farmer's year, this list to include live stock, feed, implements, etc. Those who keep no accounts have, at best, only an estimate of their business, and cannot consider any one phase of the farm operations distinctly enough to know whether it pays or not.

An account book consisting of 28 large ruled pages has been prepared by the Commission of Conservation, and will be supplied free to bona fide farmers on request. It is published in the hope of introducing a simple and efficient form of farm accounting, and of encouraging farmers to adopt a practical system of bookkeeping. In addition to the ledger leaves, the book contains some valuable information and hints for agriculturists, together with a calendar of 1919, 1920 and 1921. The book is printed in both French and English, and is forwarded free to any person who applies for a copy, should the applicant prefer the text in the French language this should be stated. As the supply of these account books is necessarily limited, farmers should lose no time in sending in their requests, addressing the Commission of Conservation, Ottawa, Ont.

Play Safe

The money value of a man includes the cost of his upkeep and education from his birth till he becomes self-supporting. He then becomes an asset instead of a liability.

This demonstrates the economic loss to the community when through an accident he is incapacitated and unable to carry on his work. All the cost of bringing him to the earning stage is wasted and he again becomes a burden on society.

W. N. U. 1300.

How I Cured My Rheumatism

BY PETER SAVALA

I threw away my crutches in seven days, in two months, I was a well man—and I have never had a twinge from rheumatism since. That is what the remedy, which I obtained from Peter Savala, is for me.

I went home to Greece crippled, broken in spirit-wreck. I returned to this country two months, absolutely free of every trace of rheumatism.

The whole story of my life in America—how I became crippled with rheumatism and how I found the treatment, which averted the disease, and set me out on my body and soul just a few weeks.

Sent me a letter. Just write me personally—Say—"Tell me how you cured your rheumatism, and how I may cure mine." Address your letter or post card to Peter Savala 59 St. Peter St. 146 Montreal, Que.

Wheat in Western Provinces

Saskatchewan Credited With Producing Over Half of Wheat Grown in Canada

In point of both yield and value of wheat, Saskatchewan leads among the provinces. Of the total product last season, it is credited with 97,933,000 bushels, or slightly over 50 per cent. This should be worth about \$200,000,000, or at least one-half of the entire value of the wheat crop of the whole Dominion.

Manitoba comes second with 43,206,000 bushels, all of this with the exception of 9,300 bushels being spring wheat. The value stands at about \$90,000,000. The acreage was 2,880,331, or about 100,000 acres less than in 1918. The average yield was 15 bushels per acre.

Alberta's yield was 26,131,000 bushels, of which all but 680,000 bushels was spring wheat. The value stands at about 400,000 acres. The acrea sown was 400,000 acres in excess of that of 1918, and the average yield 6.25 bushels per acre.

British Columbia's crop was 1,431,000 bushels.

LET "DANDERINE"

SAVE YOUR HAIR

Get rid of every bit of that ugly dandruff and stop hair falling hair



A little "Danderine" cools, cleanses and makes the feverish, itchy scalp soft and pliable; then this stimulating tonic penetrates to the famished hair roots, revitalizing and invigorating every hair in the head, thus stopping the hair falling out, getting thin, scraggly, or fading.

After a few applications of "Danderine" you seldom find a fallen hair or a particle of dandruff, besides every hair shows more life, vigor, brightness, color and thickness.

A few cents buys a bottle of delightful "Danderine" at any drug or toilet counter.

Three things are needed to develop the Dominion livestock industry in permanent lines: first, improved quality in our meat animals; second, a marked increase in breeding animals; and third, a steady supply for the abattoirs, year in, year out.

It is the want of health that makes wealth—for a physician.

PILES

Do not suffer another day with itching, bleeding, shooting pain. Use Peter's Ointment. No surgical operation is required. Dr. Chase's Ointment will relieve you of all and as certainly cure piles as any other ointment. It is a real wonder. Sample box free if you mention this page and enclose a stamp to pay postage.

KEEP YOUR MONEY IN THE WEST

INSUREIn an all CANADIAN WESTERN CO
That is as STRONG AS THE ROCKIES

The Canada Security Assurance Co.

Head Office Calgary Alta.

GUARANTEED BY THE NORWICH UNION

FIRE, HAIL, AUTO.**SERVICE SECURITY SATISFACTION**

Agent. H. A. WARNER, Monitor

FRANK BURNS**AUCTIONEER**

Cries Sales Anywhere--At Any Time

Terms On Application

Coronation Alberta

Monitor Meat Market

White Fish 15c lb.
Herring \$8 per 100
Calf meal at
2.50 per sack

A. GRACE
Proprietor

Fordson Tractor

SAVES MONEY

WHEN you invest in a Tractor, make sure of getting the one that will save you the most money.

GET the lowest cost per acre on your field work, get the most economical power for your machines, and get the tractor that will cost the least for repairs.

THE Canadian Ford organization with dealers everywhere assures you against costly hold-ups for repair parts on the economical Fordson.

COME in and see for yourself.

Chas. B. Horsch, Dealer
Monitor Alberta

WE WONDER WHY

by-Hoo-Jah-Ka-Bibby

So many of our prominent citizens appear so interested in the safe arrival of the train from the east these days.

The stenog at the bank is singing that beautifully sweet song "There's a fair Eastern Star."

Our worthy pastor is studying astronomy these cold nights with (s-s-sh).

Clarence Purdy doesn't come to Band practice now.

The aviator that fell 4000 feet from a blazing aeroplane into a tree without mishap, didn't pull up said tree by the roots and slaughter a thousand, or so of the enemy. It would sound better.

The nearby Moonshine factory is not turned over to the Government for the manufacture of dynamite.

How many times Tom Ulph played "Annie Laurie" at Veteran last Thursday evening.

Or if he sang it a la Armistic Day.

What the local "defenders of the Cup" think of themselves.

The first team to defend the cup this year wasn't allowed to continue in the good work.

We can't have a Band concert here in Monitor.

HARDWARE

Shelf and Heavy Hardware
Farm Implements Furniture
Paints, Glass and Oils
Undertaking Supplies

We have in Stock 2 Gasoline Engines, 13 and 2 H. P.
1 only double gear Wind Mill with 30 ft Tower

Automobile Tires and Accessories

COME IN and LOOK AROUND

OLSON & LIKNES
Kirriemuir Cash Hardware
M. J. LIKNES Manager

PUBLIC MEETING

Of the Ratepayers
of the

BASIN LAKE

School District
will be held in the
Schoolroom

ON SATURDAY FEB. 14
at 2 p.m.

When a Valentine in the shape of a school District will be presented to the Ratepayers who will be expected to elect their own.

BOARD OF TRUSTEES
at the meeting
C. C. Connah
Sec-Treas. to the official Trustee.

TEA Is Still Going UP !

But by a Timely buy we
still have some at the
Old Prices

GET IN ON IT

5 or 10 pounds **SPECIAL** at 65c a pound

Monitor Cash Grocery

Ferguson & Co.

Wanted!

More customers to

STOCK UP

With

COAL**GALT COAL**

Burns ALL Night

JAS. A. HAYES

Honesty & Service

THE STAR CAFE

Charlie Yee, Prop.

Meals At All Hours

Fruit, Confectionery, Soft Drinks
Cigars, Tobacco, Smokers Supplies
Ice Cream Soda Water Ice Cream Cones

A Renewal of Your Subscription
Will be highly Appreciated.



A Mortgage on the Farm?

An Excelsior Policy will provide for its payment whether you live or die. Write us to-day for pamphlets.

THE EXCELSIOR LIFE INSURANCE CO.
WINNIPEG SASKATOON EDMONTON VANCOUVER

Wood's Phosphodine.

The Great English Remedy
for Skin Diseases, Ulcers, Wounds,
Injuries, Ulcers, Tumors, Acne
and other Skin Troubles. It
is a powerful antiseptic, makes new blood
in old veins, cures nervous
diseases, Loss of Energy, Paralysis of the
Nerves, Falling Memory. Price \$1 per
box for 50g. Send for sample
or druggists or mailed in plain box, on receipt of
order. Wood's PHOSPHODINE MEDICINE CO., TORONTO, ONT. (Ferry's Western.)

WITHOUT PURE BLOOD HEALTH IS IMPOSSIBLE
VETARZO
BLOOD
CIRCULATIVE,
BRAIN &
NERVE
TONIC
Trial Bottles Other Remedies & Tonics Classified
in Catalogue
HALF A CENTURY REPUTATION
Dr. LE CLERC'S PILLS FOR THE
CURE OF DISEASES OF THE NERVOUS SYSTEM
Available for diseases of these important organs.
Dr. LE CLERC'S PILLS FOR THE CURE OF DISEASES OF THE NERVOUS SYSTEM
Dr. LE CLERC MED. CO.
LAWRENCE ST. EDINBURGH, ENGLAND.

CHOICE SILVER BLACK
breeding foxes. Instructions. Reid
Bro., Bothwell, Ont., Canada.

MONEY ORDERS

Buy your out-of-town supplies with Dominion Express Money Orders. Five dollars costs three cents.

Alberta Fire Losses

Forests Suffer More in 1919 Than in
Ten Preceding Years.

Fire losses on the forest reserves in Alberta during 1919 aggregated more than \$2,250,000, or greater than the estimated loss of the previous ten years. The loss in 1918 was approximately \$1,000. These figures were issued by the forestry reserves inspectorate.

fires swept over 548,000 acres of forest reserves in 1919, while 20,000 acres were burned over in 1918, which was chiefly open land. The losses of last year were due to forty-seven fires.

Piles Cured in 6 to 14 Days

Druggists refund money if PAZO OINTMENT fails to cure itching, blind, bleeding or protruding piles. Stop irritation soothes and heals. You can get restful sleep after the first application. Price 60c.

Shaving was introduced among the Romans about 300 B.C. Pliny says Scipio Africanus was the first Roman who shaved every day. Subsequently, the first day of shaving was regarded by the Romans as the entrance upon manhood, and celebrated with great festivities.



Keeps Baby's Skin Healthy

If every mother could only realize the danger which lurks in the neglect of chafing and skin irritations she would not take chances on being without Dr. Chase's Ointment to apply after baby's bath.

It arrests the development of eczema and makes the skin soft, smooth and velvety.

40 cents a box, all dealers, or Edmanson's Bathe & Co., Ltd., Toronto.

Dr. Chase's Ointment

Manitoba Farmer Imports Pure Bred Horses

Farmers Are Sparing No Expense In Order That Their Livestock Shall Be of the Highest Class.

Thirteen excellently bred Clydesdale stallions have just been purchased in Scotland, by Ben Finlayson, of Brandon, Manitoba. Among the animals are a number of prizewinners at the leading shows on the other side. Such importations as this are indications of the enterprise of the farmers of this progressive country, who are sparing no expense in order that their livestock shall be of the highest class.

The best is none too good for Western Canada farmers. And, what is more, the returns from their farming operations enable them to obtain the best. Now that the markets of the world are being re-established, a steady influx of pure bred livestock into Western Canada may be looked for.

A TONIC FOR THE NERVES

Only Real Nerve Tonic Is A Good Supply of Rich, Red Blood

"If people would only attend to their blood, instead of worrying themselves ill," said an eminent neurologist. "Our doctors could not see our consulting rooms crowded with nervous wrecks. More people suffer from worry than anything else."

The sort of thing which the specialist spoke of is the nervous run-down condition caused by overwork and the many anxieties of today. Sufferers find themselves tired, morose, dispirited and unable to keep their minds on anything. Any sudden noise hurts like a blow. They are full of groundless fears, and do not sleep well at night. Headaches, neuritis and other nerve pains are part of the misery, and it all comes from starved nerves.

Doworing the nerves with poison, sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich, red blood. Therefore to cure nervousness and run-down health Dr. Williams' Pink Pill should be taken. These pills actually make new, rich blood, which strengthens the nerves. It is especially appropriate, gives new strength and spirit, and makes hitherto despondent people bright and cheerful. If you are at all "out of sorts" you should begin covering yourself today by taking Dr. Williams' Pink Pill.

You can get these pills at any drugstore in medicine, or by mail through the manufacturer, six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

Past campaigns to increase Canadian livestock have usually been limited in success because no one could assure what an organized packing industry now offers—a world-wide market.

Minard's Liniment Cures Diphtheria.

Sawdust Bricks

Can Withstand Pressure of 2,500 Pounds to the Square Inch.

The extravagance and the romancing of yesterday are the sober facts of today. Jules Verne has been established as a prophet, and men like him that have trusted the future see the trust justified. If the invention of E. H. Orr, of Seattle, Washington, proves to be all that is hoped, then the sawdust brick will soon have revolutionized the work of building. Stated briefly, the bricks are made of highly compressed sawdust that has been treated with fire and cold resisting chemicals. Not only do they have the qualities that such chemicals give, but they can withstand a pressure of 2,500 pounds to the square inch. It does not take much imagination to figure the possibilities of such material in building, and there is an added economic significance in the fact that direct and profitable use is thus made of a "by-product" of the sawmills and forests that, notwithstanding the many devices for utilizing it, has none the less been a visible waste. When it is added that the bricks can be turned out in something less than 24 hours, their use in re-construction work is apparent.

It arrests the development of eczema and makes the skin soft, smooth and velvety.

40 cents a box, all dealers, or Edmanson's Bathe & Co., Ltd., Toronto.

Muskrats in the

Luxury Class

Demand Has Reached a Point Where There Is Danger of Extermination of This Fur-Bearer.

The plebeian muskrat is coming into its own. Before the war, ratskins could be obtained from the trappers at from 20 to 30 cents each. "For Farming in Canada," published by the Commission of Conservation in 1914, quotes autumn muskrat skins in Eastern Canada at 25 cents for large skins and 15 cents for small. Today, autumn muskrat skins are bringing in Quebec from \$3.25 each for current collections to \$4.50 each for the best rat skins.

Fashion is responsible for these high prices. Muskrat, when plucked and dyed, becomes Hudson seal. The demand has reached a point where there is danger of the extermination of this fur-bearer, and in Ontario it can only be taken during the spring season, when, it is claimed, the fur is at its best.

This increased price of the raw pelts is naturally reflected in the prices of Hudson seal coats, which in 1915 were quoted by a well-known furrier as ranging from \$100 to \$125, whereas today the prices range from \$400 to \$450, and in 1920 will probably be \$600 to \$650.

The present demand for skins and the high prices now being paid will probably lead to the establishment of muskrat farms in Canada.

She Dyes Her Old Garments Like New

"Diamond Dyes" Make Faded, Old, Shabby Garments New.

Don't worry about perfect results. Use "Diamond Dyes" guaranteed to give a new, rich, fadeless color to any fabric; whether it be wool, silk, linen, cotton or mixed goods—dresses, blouses, stockings, skirts, children's coats, feathers, draperies, coverings—everything.

The Direction Book with each package tells how to diamond dye over any color.

To match any material, have dealer show you "Diamond Dye" Color Card.

Livestock Industry

Business at Union Stock Yards in Winnipeg a Good Index

Further evidence of the growth of the livestock industry in Western Canada is the business done at the Union Stockyards at Winnipeg, Manitoba, during 1919. Official figures are not yet available, but it is known that the total number of cattle handled last year will exceed the previous record by 50,000. This would bring the number in the neighborhood of 370,000, while the total receipts will probably be near the \$35,000,000 mark for the year.

The steady and pronounced advancement of the livestock industry during the last few years only emphasizes the popular misconception that production on the great plains is measured in terms of wheat and grain yields.

Still Doing Great Work For Women

WHAT MISS SIMPSON SAYS OF DODD'S KIDNEY PILLS

Before Taking Them She Could Not Walk—Now She Can Walk and Work, and She Gives All the Credit to Dodd's Kidney Pills.

Ville Marie, Que., Jan. 26th.—(Special)—One more tribute to the great work Dodd's Kidney Pills are doing for the women of Canada comes from Miss Angèle Simpson, well known and highly respected here.

"When I commenced to take Dodd's Kidney Pills," Miss Simpson so states, "my heart bothered me so I could not walk." "Now I can walk and work."

Miss Simpson is not entirely cured yet, but so great are the benefits she has received from Dodd's Kidney Pills that she is firmly convinced they will cure her completely. She has been a sufferer for eight long years and underwent four months' treatment in a hospital before trying Dodd's Kidney Pills.

Dodd's Kidney Pills are a kidney remedy. They relieve the work of the heart by putting the kidneys in shape and removing the impurities out of the blood. Pure blood carried to all parts of the body means new health all over the body.

Waiting works wonders—if you keep busy while waiting.



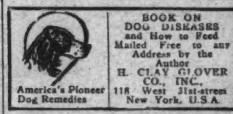
Keep Fit For Success In Life

BY DR. A. B. BARCOCK.

You can take your boy and out of him make anything you like if you can get him under good self-discipline. All roads are open to the man who is strong and fit. Uncle Sam took "our boys"—those slab-sided, stooped, hollow-chested youths—and made of them vigorous, well-developed, well-set-up and courageous men. Take the right way! Train yourself and your children to take proper exercise, drink plenty of water and keep the system clean. Your doctor will tell you that anything from a common cold or headache to the most serious illness may result from the absorption of poisons in the intestines.

The first principle is to keep the system clean. Occasionally see that the boy or girl, as well as yourself, has an internal bath. It may be with castor oil or a tiny pill of May-apple, aloin and jalap, which is sold by druggists as Dr. Pierce's Pleasant Pellets.

If a cold starts with a cough and it persists, then some local treatment for this condition should be taken. A well-known alternative extract which has been on the market for a great many years, and which has been highly recommended by thousands of users, is Dr. Pierce's Golden Medical Discovery. This tonic compound is composed of an extract of roots and herbs, without alcohol, and has a soothing effect upon the mucous membrane, allays the irritation and at the same time works in the proper and reasonable way, at the seat of the trouble—the stagnated or poisoned blood.



Trappers Having A Busy Season

Best Year on Record in the Western Provinces Is Reported

The greatest trapping season on record is now in progress in Northern Manitoba, according to Commissioner R. C. Wallace. This year's catch will be worth \$3,600,000, twice that of 1918-19. Muskrat furs sell for as high as \$4.00, the commissioner says.

Similar reports have come from Northern Alberta and Saskatchewan, while a dispatch from Invermere, British Columbia, says that trappers there are literally making their fortunes, instancing one trapper as having come in with 36 prime marten skins, which he promptly sold for nineteen hundred dollars.

A man may save money, but he need not hope to be saved by money.

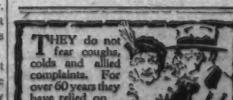
Minard's Liniment Cures Garget in Cows.

A company of thirty actors can be engaged for \$30 in China to play as many dramas, tragedies, comedies and vaudeville sketches as may be desired for two days at a stretch.

State of Ohio, City of Toledo, Lucas County.—Frank J. Cheney, senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, Ohio, has sold his interest in the firm and will pay the sum of ONE HUNDRED DOLLARS for any case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE.

Soon to be known throughout the world, Frank J. Cheney, in presence, this 6th day of December, A.D. 1896. A. W. Glasson, Notary Public. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous membranes of the system. Dr. J. C. Davis, 720, Testimony Street, F. J. Cheney & Co., Toledo, Ohio.

It is a much lesser crime in China to steal a neighbor's ox than to steal his dog. The former is simply personal property, while the latter takes the place of a man—a watchman.



GRAY'S SYRUP of RED SPRUCE GUM

for prompt results. With the lowered strength and vitality of age they realize more than ever before the importance of having Gray's Syrup on hand for immediate use.

They always buy the Large Size Montreal WATSON & CO., New York.

SPECIAL

FOR THIS WEEK
ONLY

A discount of Ten per cent will be given on all CASH SALES, amounting to \$5 or over.

Remember this lasts for one week only

Think over your wants in Dry goods, Boots & Shoes etc. Spring goods are away up.

A. J. DEADMARSH

WE LEAD--NEVER FOLLOW
BRING YOUR CREAM HERE

The PIONEER STORE

MONITOR

Professional

W. G. MACKENZIE
Barrister, Solicitor Notary Public
Money to Loan

MONITOR : ALBERTA



(Watch for dates in Monitor)

H. A. WARNER

ISSUER of MARRIAGE LICENCES

FIRE, HAIL, AUTO and ACCIDENT INSURANCE

MONITOR - ALBERTA

J. F. Sternberg

Provincial Auctioneer

No distance too far for me to go. Phone or write to me at

CONSORT

Or see the Editor of the Monitor News



"Dick, darling," hinted Mrs. Youngbridge, "do you remember how we used to sit on one chair papa's?"

"That was all right at papa's," replied the practical Dick, "but I'm not going to forget that these chairs cost me good money."

Too Much Optimism.
An optimist, too much inclined To sing a lazy song, Dreamed on; and then woke up to find That he was in all wrong.

Turning the Worm.
Mrs. Henpeck—Now, dearie, be sure to see that the suit you buy has a coat with a waist seam.

Henpeck (explosively)—I'll be—" Mrs. Henpeck (sharply)—You'll be what?

Mr. Henpeck (weakly)—Right in style if I do.

Caucus Words.
"Is the jury still out?"

"Yes," said the sarcastic lawyer for the defense. "And I'm not surprised."

"No?"

"When I looked in the faces of those jurors I could see there was 'nobody home'."

Creek Valley News

Mrs F. Grayburn entertained the Girls Walking Club at her delightfully situated residence on Saturday last. A beautifully bracing sunshiny day a bountiful spread of fruit and the more substantial edibles, charming views of the Creek Valley and a most hospitable hostess, with plenty of music and games, made the day, one which will be long remembered by the Premier Walking club of the district.

'KIRRIEMUIR KOLUM'

Mr and Mrs J. W. Brockelsby arrived home Tuesday from Altario. They were visiting Mr and Mrs Thompson.

J. B. Heywood arrived from Chicago yesterday.

The many friends of Rev. Wright will be sorry to learn of his illness the past week.

Mr. and Mrs. Kay entertained on the evening of the 21st, Jun, to celebrate their first anniversary. Each guest was requested to wear some article representing a well known book. The evening was spent in games and guessing what book each person represented. This was followed by a delightful lunch.

"Psyché"

Benefit Bonspiel is Now Arranged

Arrangements have been completed for the big Benefit Bonspiel which is to start on Monday, February 2nd. The object of the Bonspiel is to provide funds wherewith to purchase coal for the use of the Church and the Sunday School.

In all, 14 rinks will compete and an entry fee of 25 cents per player, per game, has been decided upon. The rules are that each rink must be composed of 2 green players and at least one lady. There are to be two competitions, the Grand Challenge and Consolation. In the first event the first prize is \$8 and the second \$4, in the Consolation the first prize is \$5 and the second \$3. The skips will include the present active skips of the Curling Club, augment by the third men.

There will be two 10 end games every afternoon, starting at 4, and two in the evening, starting at 7:30. Tea, Coffee and cake will be served each evening at the rink.

Skips will please note that the personnel of their rinks must be in the hands of the secretary not later than 4 p.m. TO-DAY.

STONELAW U.F.A.

Stonelaw U.F.A. will hold their regular meetings as follows:

First Friday in the month of Minor Schoolhouse and the 3rd Friday in the month at Stonelaw Schoolhouse.

ALL WHITE

MY WARDROBE

THOS. ULPH - Proprietor

Cleaning Pressing Repairing

We have Dress Material for sale in yard lengths, Agents for Peck's Made-to-Measure Clothes

WE GUARANTEE ALL OUR WORK

MONITOR Opposite pool Room ALBERTA

WHEN YOU BUILD

This Spring, it will be to your advantage to get our prices on

LUMBER

BEAVER LUMBER CO. Ltd.

R. N. Lay, Manager

MONITOR : ALBERTA

Van Brunt Force Feeds Compel Even Distribution of Every Kind Of Seed

Furrow openers have Oil-tight, dust-proof bearings, guaranteed for the life of the drill.

They Have Made Their Way By The Way They Are Made

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